

FAMILY SUPPORT

Lactation & Breastfeeding Consultation

Meet with a Lactation Specialist before or after your baby arrives for guidance, confidence, and support on your breastfeeding journey.

Parenting

Support and guidance from trained staff on:

- Building a positive parent-child relationship
- Effective communication
- Bonding techniques
- Child development skills

Pregnancy & Postpartum Visits

Support and guidance from a Public Health Nurse on:

- Labor and delivery
- Newborn feedings and care
- Post delivery care

Visit our website for more information:



Public Health

Prevent. Promote. Protect.

Steele County Public Health

Steele County Public Health

635 Florence Avenue P.O. Box 890

Owatonna, MN 55060

Monday-Friday

8:00 am - 5:00 pm

For information and referrals, call

507-444-7650

Blooming Prairie: 507-583-2283

Ellendale: 507-684-2211

FAX: 507-444-7668

SCPHN@SteeleCountyMN.gov



Visit our website scanning the QR code
or visiting SteeleCountyMN.gov

Interpreting services are available.

All eligible persons shall have equal access to the facilities, programs, and employment of the agency, without regard to race, color, religion, creed, sex, age, national origin, disability, marital status, place of residence, political affiliation, and financial status.



Steele County Public Health
Family Health Services



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What is WIC?

The Women, Infant, and Children (WIC) Program is a nutrition & breastfeeding program that helps families eat well & stay healthy.

Who is WIC for?

- Pregnant & breastfeeding women
- Children aged birth to five years.



Other guardians can apply for WIC on behalf of their children. WIC welcomes fathers, grandparents, adoptive, & foster parents at all WIC visits.

**Apply
Today!**



AMAZING newborn CLINIC



Amazing Newborn Clinic is safe space for parents to ask questions regarding:

- Baby's Weight
- Breastfeeding Concerns
- Breast Care
- Health Concerns
- Postpartum Care
- Baby Cues & Development
- Community Resources

A free service for expecting parents, new parents, and children up to age one

LOCATION & details

- Every Tuesday, 10:30AM to 12:00PM
- Owatonna Community Education - 122 McKinley St Owatonna, MN
- Scan the QR code on the back for more information.

Follow Along Program



A free service designed to support parents understand the healthy development of their child aged birth to five.



You receive a form every few months with questions about your child's progress. Return the form and receive fun activities to do with your child.



**Sign Up
Today!**

